

Well-Child Checkups



Regular checkups help make sure your child is growing and developing well.

Most children need regular checkups at least once or twice a year.

At checkups, the doctor or nurse will:

- Measure your child's height and weight.
- See how your child learns and plays.
- Offer recommended vaccines.
- Talk with you about food, sleep, behavior and safety considerations.

Visit or call your local, tribal, or IHS service unit to make an appointment.

For more information,
scan the QR code.

